

Join us for Sunday morning worship at 10:00AM

First Sunday

Interfaith Worship Series ~ Exploring Diverse Faith & Spiritual Traditions:

Co-created with **Rev. Karen Lindquist** and invited guests.

Co-sponsored with The Interfaith Network (www.theinterfaithnetwork.org)

<http://www.interfaithcommunitychurch.org/karen.html>

Second Sunday

Join **Rev. Debra Lajimodi** as she shares from her

First Peoples ancestry and Christian upbringing.

<http://www.interfaithcommunitychurch.org/ministers.html>

Third Sunday

Join **Jamal Rahman** as he shares from his Islamic Sufi tradition
with insights from the Eastern Wisdom traditions.

<http://www.interfaithcommunitychurch.org/jamal.html>

Fourth Sunday

Join **Rev Steven Greenebaum** as he shares about

Living Interfaith from his Jewish Unitarian Universalist tradition.

<http://www.interfaithcommunitychurch.org/steven.html>

Fifth Sunday

Join the **Convocation of the Divine Feminine** with
Karen Lindquist, Sibyl Lundy, Suzanna McCarthy, & Linda Stern.

“We are committed to bringing through aspects of the
Divine Feminine for Healing and Transformation.”

Our focus for 2010: **“The Quest... The Gift.”**

<http://www.interfaithcommunitychurch.org/divinefeminine.html>

INTERFAITH COMMUNITY CHURCH

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Seattle, WA 98107

Phone: 206.783.1618

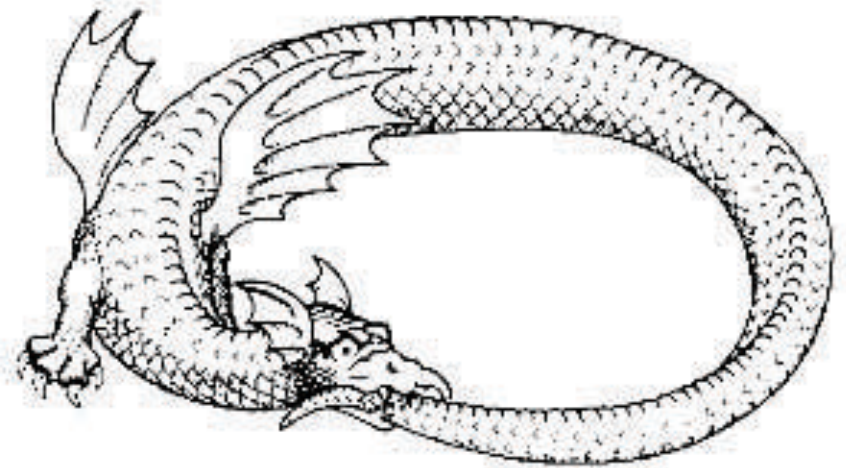
Email: interfaithcommunitychurch@yahoo.com

Website: www.interfaithcommunitychurch.org

To receive email announcements about our gatherings,
please send an email to:

interfaithcommunitychurch-subscribe@yahoogroups.com

“Compassion
from the
Inside Out”



with

Sahila ChangeBringer

Music offered by

Tftka Dawidalle and King D

Sunday, February 7, 2010

About our friend, Sahila ChangeBringer:



Sahila has more than 20 years' experience as a spiritual counsellor, teacher of metaphysics, medium, channeller and healer.

She's studied both Eastern and Western paths, focusing on indigenous peoples' shamanic teachings and therapeutic mind-body processes for healing Self. She honours all beliefs as they assist on the path around the Circle of Life towards Wholeness.

Sahila works with individuals and groups, offering intuitive guidance, energy work, Breath Integration, Focusing, Voice Dialogue, Transpersonal Psychology and Macro-Structural Dynamics as tools to consciously create a new future. Visit www.metamind-spirit.com for more information, or contact Sahila at 206 679 1738 and sahila@metamind-spirit.com.

About Today's Musicians:

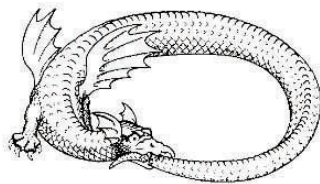


Jamaican-born Tftka (pronounced taft-ka) Dawidalle is a singer/songwriter, also known as daggakarab. His son, King D, has performed with daggakarab since childhood.

Tftka's music is best described as Dub/Soul, focusing on expansiveness.

To learn more about Tftka, visit www.myspace.com/daggakarab or call 425-948-7677.

The symbol on the cover is an ouroboros (wisdom of life)



The **Ouroboros** or **Uroboros** is an ancient symbol depicting a serpent or dragon swallowing its own tail and forming a circle. The Ouroboros often represents self-reflexivity or cyclicity, especially in the sense of something constantly re-creating itself, the eternal return, and other things perceived as cycles that begin anew as soon as they end (compare Phoenix). It can also represent the idea of primordial unity related to

something existing in or persisting from the beginning with such force or qualities it cannot be extinguished. The ouroboros has been important in religious and mythological symbolism, but has also been frequently used in alchemical illustrations, where it symbolizes the circular nature of the alchemist's opus. It is also often associated with Gnosticism, and Hermeticism. Carl Jung interpreted the Ouroboros as having an archetypal significance to the human psyche. The Jungian psychologist Erich Neumann writes of it as a representation of the pre-ego "dawn state", depicting the undifferentiated infancy experience of both mankind and the individual child.

Source: <http://en.wikipedia.org/wiki/Ouroboros>

Interfaith-Interspiritual Children's Classes are offered by Teacher Gita Mongate:

Gita was born & raised in Iran. She is a member of the Seattle Baha'i community. The Baha'i community places great emphasis on the moral and spiritual education of children and youth, with a focus on providing ongoing opportunities for developing a sense of world citizenship and a lifelong commitment to serve humanity. <http://www.interfaithcommunitychurch.org/interfaithchildren.html>

Interfaith Worship Series: Exploring Diverse Faith and Spiritual Traditions is co-created with and hosted by Rev. Karen Lindquist, co-founder and co-minister of Interfaith Community Church. <http://www.interfaithcommunitychurch.org/karen.html> The series is co-sponsored with The Interfaith Network (www.theinterfaithnetwork.org.)



Order of Service

Prelude CD

Welcoming ~ Rev. Karen Lindquist

Announcements ~ Sally Jo Gilbert de Vargas

Opening Prayer ~ Sahila ChangeBringer

Song ~ Tftka Dawidalle & King D

Reading; Shadow Catchers ~ Karen

Invitation to Children ~ Gita Mongate

"Compassion from the Inside Out" ~ Sahila ChangeBringer

Exploration

Small group discussion

Feedback

Song ~ Tftka Dawidalle & King D

Sharing Our Wealth

Closing Circle & Closing prayer ~ Sahila

Song: John Lennon's "Imagine" ~ Tftka Dawidalle & King D

Imagine there's no Heaven
It's easy if you try
No hell below us
Above us only sky
Imagine all the people
Living for today

Imagine there's no countries
It isn't hard to do
Nothing to kill or die for
And no religion too
Imagine all the people
Living life in peace

You may say that I'm a dreamer

But I'm not the only one
I hope someday you'll join us
And the world will be as one

Imagine no possessions
I wonder if you can
No need for greed or hunger
A brotherhood of man
Imagine all the people
Sharing all the world

You may say that I'm a dreamer
But I'm not the only one
I hope someday you'll join us
And the world will live as one

Please join us downstairs for our tea and coffee social.

The Universal Worship service with Cherag Michael Douglas begins at Noon in the Sanctuary.

The **"Reflections on the Life of the Spirit"** ongoing dialogue may be deferred for a special service being held at the Baha'i center today.